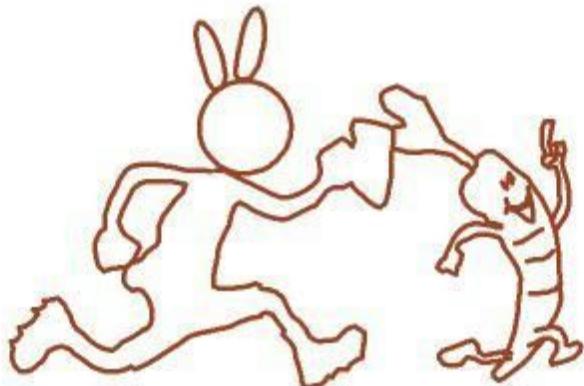


Instruction - Bulletin



Pâques en Bourgogne 2016

Partners :



Course d'Orientation
Ligue de Bourgogne Franche-Comté



A word from the mayor of Clémencey



Both the municipal council and myself are happy to welcome « les 3 jours de Pâques ».

International orienteering event to which we wish welcome as well as every competitors.

You will discover Burgundy, which do not only offer gustatory pleasures but also nice, preserve, natural and verdant landscapes and environment, that you will discover all along your competition.

Clémencey is situated in the south of Dijon, at the border of the famous wine coast, listed as a UNESCO World Heritage and real green lung of Dijon.

Organization's qualities of the orienteering club ADOC, as well as the implication of its members during many months will for sure make this competition unforgettable.

Good luck and good competition to all of you and please receive my best encouragements for this 3 stages.

Lionel Paulin

Mayor of Clémencey

A word from the mayor of Urcy



«The Township of Urcy is pleased to welcome the first stage of the 3 days of orientering, organised saturday 26th, sunday 27th and monday 28th of March 2016.

This international competition, which will take place in Urcy, Clemency and La Roche Ponpon, will see compete 940 competitors, with both French (500) and other runner of other nationality: swiss (250), Austrians, Belgians, Italians, Danish, Germans, Russians, Spanish, Swedish, English.. Well, the Europe of Orienteering High Level.

Theses exceptional races that will gather during 3 days the bests French and European Orienteers will definitively be the greatest sportive event of 2016 in the area.

Competitors will appreciate the exceptional setting of our deep valleys, the tabular relief characteristic of this region in the south west of Dijon, with it's heigh perched belvederes, and steep incline will certainly be ruthless towards the competitors muscles.

We would like to pay tribute all the actor of this organization, the federation, ADOC and its president Bruno Haberkorn and all the volunteers which take part to the preparation and the smooth execution of this event.

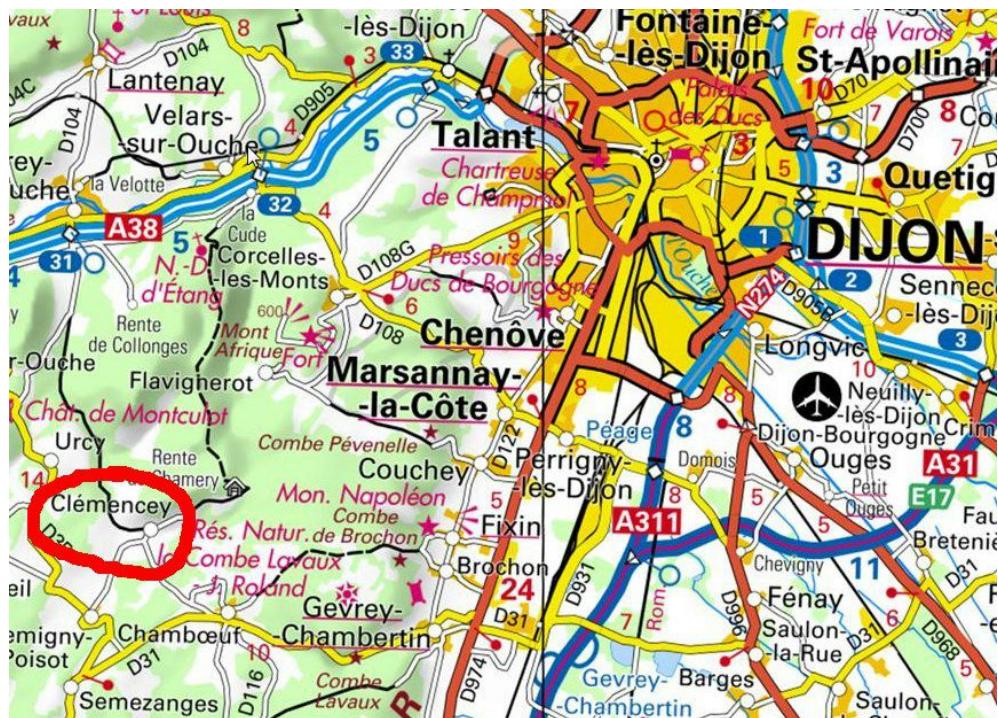
To all participants and spectators we wish a nice spring sunshine will bright and light this outstanding event.

Regards

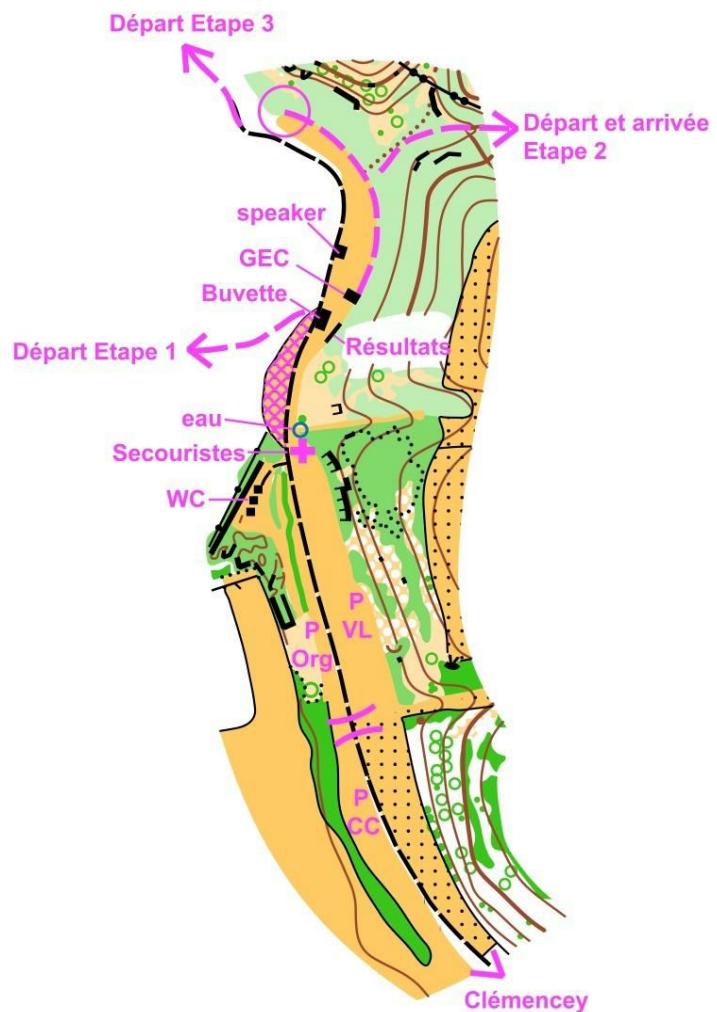
Christian PARIS

Mayor of URCY

Driving directions



Arena:



Specifics Legends:

Souche = Tree stump

Arbre tombé = Fallen tree

Place à feu = Charcoal area

Ancien four à chaux = Old lime kiln

Petit talus = Small embankment

Normes spécifiques

	Souche
	Petite souche, arbre tombé
	Place à feu
	Ancien four à chaux
	Petit talus

Categories:

Catégories	Sigle du Parcours	Temps du vainqueur	Niveaux techniques	
H21E	A	100'	6 - Noir	
H21A	Abis (Abis2*)	80'		
H20E				
H20A	B	75'		
H35				
D21E	Bbis	70'		
D20E				
H45	C	70'		
H18 A				
H40	D	60'	5 - Violet	
D20A				
D21A				
D35				
H50				
D18 A	E	55'	4 - Orange	
H55				
D40	F	55'		
D45				
H21C **	G(G2*)	45'	3 - Jaune	
D50				
D55				
H60				
H65				
H40C **				
D21C **				
D60	H	40'	2 - Bleu	
D65				
D70 et +				
H70 et +				
D40C **	I	55'	6 - Noir	
H16A				
H18B				
D16A	K	45'	5 - Violet	
D18B				
H14	L	40'	4 - Orange	
H16B				
D14	Lbis	35'	3 - Jaune	
D16B				
D12	M	30'	2 - Bleu	
H12				

- (Not in the table) HD10 : 20' and taped course: 20'
- Times are only for stage 2 and 3. Stage 1 will be shorter.

Stage1:

Distances:

Parking-arena 100 to 500m

Arena-Start: 600m, 55m D+

Start Time: 1st start at 13H30

Prize giving ceremony (only for the 1st of each category) at 18H.

Circuits:

Classes	Length(in km)	Climb	Controls
A	5,3	160	19
Abis	5,1	155	19
B	4,7	115	21
Bbis	4,2	105	17
C	4,4	140	20
D	3,8	80	16
E	3,9	90	15
F	3,8	60	16
G	2,5	70	12
H	1,7	45	9
I	4,1	120	17
K	2,3	50	13
L	2,8	65	13
Lbis	1,7	50	8
M	1,6	50	8
N	1,6	50	6
Jalonné	1,7 (3,1)	45	7

Scale: 1/10000.

Course setter: Valérie Haberkorn

Supervisor: Philippe Bousser. **Referee:** Yves Dodin

Délégués fédéraux: Alain Rouleaux, Alain Guillon

Stage 2:

Distances:

Parking-arena 100 to 500m

Arena-start: 1000m, 100mD+

Finish-line - arena: 600m (Finish line is not on the arena).

Start Time: 1st start at 10H (**Time Change to Summer Time!**)

Prize giving ceremony (only for the 1st of each category) at 15H.

Circuits:

Classes	Length(in km)	Climb	Controls
A	11,5	475	31
Abis	9,5	410	26
B	8,3	385	23
Bbis	8	360	21
C	8,2	375	23
D	6,2	305	17
E	5,9	280	15
F	5,9	275	16
G	4,1	130	14
H	2,5	75	11
I	6,8	320	19
K	3,9	140	16
L	3,8	145	12
Lbis	3,2	115	13
M	1,9	80	7
N	1,3	40	7
Jalonné	1,3(2,4)	40	6

Map scale: 1/15000 for elite runner and M21A, 1/10000 for others except HD10, HD12 and jalonnés: 1/7500.

Course setter: Bruno Haberkorn

Supervisor: Jo Lasouche, Philippe Bousser. **Referee:** Yves Dodin

Délégués fédéraux: Alain Roulleaux, Alain Guillon

Stage 3:

Distances:

Parking-arena 100 to 500m

Arena-start: 1700m, 100mD+ ; for young children (HD10 and jalonnés), a second start will be at 1200m (whithout climb) with free start at SI punch.

Start Time: 1st start at 9H. Hunting start for elite categories.

Prize giving ceremony at 15H.

Classes	Length (en km)	Climb	Controls
A	12,3	380	25
Abis	10,3	335	22
B	8,4	245	21
Bbis	7,9	245	18
C	8,4	245	18
D	7,6	255	17
E	7,1	280	16
F	5,8	265	16
G	5,4	170	16
H	3,9	85	15
I	7,1	265	17
K	5,7	165	15
L	3,8	115	13
Lbis	3,4	105	11
M	2,8	80	11
N	1,9	80	8
Jalonné	1,8 (2,7)	70 (95)	9

Map scale: 1/15000 for elite runner and M21A, 1/10000 for others except HD10, HD12 and jalonnés: 1/7500.

Course setter: Gérard et Loïc Venon

Supervisor: Philippe Bousser. Arbitre: Yves Dodin

Délégués fédéraux: Alain Rouleaux, Alain Guillon

Snack and Bar:

At competitive price we will offer: “la Mandubienne” a local beer, Sandwiches(ham, cheese), hots dogs, chips, fruits (apples, bananas, oranges), Coca, Ice-tea, Orangina, water, coffee, the, and a various selection of cakes.

Waste sorting: on the arena will stand specific garbage bins, please sort your waste.

